

| Mixed | | | | Männer | | | |
|--------------------|-----------------------|-------|--|--------|-------|-----------------------|--|
| Saison 2017 / 2018 | | | | | | | |
| Platz | Mannschaft | Mixed | | Männer | Platz | Mannschaft | |
| 1 | TSC | | | | 1 | Talentlose | |
| 2 | Talentlose | | | | 2 | HSV | |
| 3 | SCN Oldies | | | | 3 | SV Post Telekom | |
| 4 | PSV 90 | | | | 4 | Nordbräu 78 | |
| 5 | VSG 90 I | | | | 5 | VSG 90 I | |
| 6 | SV Post Telekom 2 | | | | 6 | PSV 90 | |
| 7 | TSV 1814 Friedland | | | | 7 | VSG 90 II | |
| Saison 2016 / 2017 | | | | | | | |
| Platz | Mannschaft | Mixed | | Männer | Platz | Mannschaft | |
| 1 | Talentlose | | | | 1 | HSV 1 | |
| 2 | SV Post Telekom 1 | | | | 2 | Talentlose | |
| 3 | TSC | | | | 3 | SV Post Telekom | |
| 4 | VSG 90 I | | | | 4 | PSV 90 | |
| 5 | SCN Oldies | | | | 5 | Nordbräu 78 | |
| 6 | TSV 1814 Friedland | | | | 6 | VSG 90 | |
| 7 | PSV 90 | | | | 7 | HSV 2 | |
| 8 | SV Post Telekom 2 | | | | | | |
| 9 | VSG 90 II | | | | | | |
| Saison 2015 / 2016 | | | | | | | |
| Platz | Mannschaft | Mixed | | Männer | Platz | Mannschaft | |
| 1 | Talentlose | | | | 1 | HSV 1 | |
| 2 | SV Post Telekom 1 | | | | 2 | Talentlose | |
| 3 | SCN Oldies | | | | 3 | TSC | |
| 4 | TSC | | | | 4 | SV Post Telekom | |
| 5 | PSV 90 | | | | 5 | Nordbräu 78 | |
| 6 | VSG 90 | | | | 6 | PSV 90 | |
| 7 | TSV 1814 Friedland | | | | 7 | VSG 90 | |
| | | | | | 8 | HSV 2 | |
| | | | | | 9 | SV Post Bergstraße | |
| Saison 2014 / 2015 | | | | | | | |
| Platz | Mannschaft | Mixed | | Männer | Platz | Mannschaft | |
| 1 | SV Post Telekom 1 | | | | 1 | Talentlose | |
| 2 | Talentlose | | | | 2 | HSV | |
| 3 | PSV 90 | | | | 3 | SV Post Telekom 1 | |
| 4 | TSC Tollense-Volleys | | | | 4 | TSC Tollense-Volleys | |
| 5 | TSC passiv | | | | 5 | PSV 90 | |
| 6 | SCN Oldies | | | | 6 | TSV 1814 Friedland | |
| 7 | TSV 1814 Friedland 1 | | | | 7 | SV Post Bergstraße | |
| 8 | VSG 90 | | | | 8 | VSG 90 | |
| 9 | TSC activ | | | | | | |
| 10 | Woldegker VV | | | | | | |
| Saison 2013 / 2014 | | | | | | | |
| Platz | Mannschaft | Mixed | | Männer | Platz | Mannschaft | |
| 1 | SV Post Telekom 1 | | | | 1 | SV Post Telekom 1 | |
| 2 | Talentlose (SSV Päd.) | | | | 2 | Talentlose (SSV Päd.) | |
| 3 | TSC Tollense-Volleys | | | | 3 | HSV | |
| 4 | TSC | | | | 4 | PSV 90 | |
| 5 | SCN Oldies | | | | 5 | PSV Tollense-Volleys | |
| 6 | PSV 90 | | | | 6 | SV Post Bergstraße | |
| 7 | TSV 1814 Friedland | | | | | | |
| 8 | VSG 90 | | | | | | |
| 9 | Woldegker VV | | | | | | |
| 10 | TSV 1814 Friedland 2 | | | | | | |
| Saison 2012 / 2013 | | | | | | | |
| Platz | Mannschaft | | | | Platz | Mannschaft | |
| 1 | Talentlose (SSV Päd.) | | | | 1 | HSV | |

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| Mixed | 2 | SV Post Telekom 1 | Mixed | Männer | 2 | Talentlose (SSV Päd.) | Männer |
| | 3 | TSV 1814 Friedland | | | 3 | SV Post Telekom 1 | |
| | 4 | TSC Tollense-Volleys | | | 4 | TSC Tollense-Volleys | |
| | 5 | TSC | | | 5 | SV Post Bergstraße | |
| | 6 | SCN Oldies | | | 6 | PSV 90 | |
| | 7 | Die Anonymen | | | 7 | VSG 90 | |
| | 8 | Woldegker VV | | | | | |
| | 9 | HSV Studenten | | | | | |
| | 10 | PSV 90 | | | | | |
| | Saison 2011 / 2012 | | | | | | |
| Mixed | Platz | Mannschaft | Mixed | Männer | Platz | Mannschaft | Männer |
| | 1 | Talentlose (SSV Päd.) | | | 1 | SV Post Telekom 1 | |
| | 2 | PSV Tollense-Volleys | | | 2 | HSV | |
| | 3 | SV Post Telekom 1 | | | 3 | Talentlose (SSV Päd.) | |
| | 4 | HSV Studenten | | | 4 | SV Nordbräu 78 | |
| | 5 | PSV B | | | 5 | PSV Tollense-Volleys | |
| | 6 | SCN Oldies | | | 6 | HSV Studenten | |
| | 7 | Woldegker VV | | | 7 | PSV 90 | |
| | 8 | TSV 1814 Friedland | | | 8 | VSG 90 | |
| | 9 | PSV A | | | 9 | SV Post Telekom 2 | |
| | 10 | PSV 90 | | | | | |
| | 11 | VSG 90 | | | | | |
| | 12 | SV Post Telekom 2 | | | | | |
| Saison 2010 / 2011 | | | | | | | |
| Mixed | Platz | Mannschaft | Mixed | Männer | Platz | Mannschaft | Männer |
| | 1 | PSV Tollense-Volleys | | | 1 | HSV | |
| | 2 | TSV 1814 Friedland | | | 2 | SV Post Telekom 1 | |
| | 3 | PSV B | | | 3 | PSV Tollense Volleys | |
| | 4 | SV Post Telekom 2 | | | 4 | Talentlose (SSV Päd.) | |
| | 5 | Talentlose (SSV Päd.) | | | 5 | SFV Ihlenfeld | |
| | 6 | HSV Studenten | | | 6 | SV Post Telekom 2 | |
| | 7 | SCN Oldies | | | 7 | PSV 90 | |
| | 8 | PSV A | | | 8 | VSG 90 | |
| | 9 | PSV 90 | | | 9 | SV Nordbräu 78 | |
| | 10 | Woldegker VV | | | | | |
| | 11 | SV Post Telekom 2 | | | | | |
| | 12 | SV Schwarz Grün | | | | | |
| | 13 | SSV Pädagogik | | | | | |
| Saison 2009 / 2010 | | | | | | | |
| Mixed | Platz | Mannschaft | Mixed | Männer | Platz | Mannschaft | Männer |
| | 1 | PSV B | | | 1 | HSV | |
| | 2 | PSV Tollense Volleys | | | 2 | SV Post Telekom 1 | |
| | 3 | SCN Oldies | | | 3 | PSV Datzeberg | |
| | 4 | SV Post Telekom 1 | | | 4 | SFV Ihlenfeld | |
| | 5 | PSV A | | | 5 | SV Nordbräu 78 | |
| | 6 | SV Schwarz Grün | | | 6 | SV Post Telekom 2 | |
| | 7 | TSV 1814 Friedland | | | 7 | PSV Tollense Volleys | |
| | 8 | Talentlose (SSV Päd.) | | | 8 | VSG 90 | |
| | 9 | SSV Pädagogik | | | 9 | PSV 90 | |
| | 10 | SV Post Telekom 2 | | | | | |
| | 11 | HSV Studenten | | | | | |
| | 12 | PSV 90 | | | | | |
| | 13 | Turban | | | | | |
| Saison 2008 / 2009 | | | | | | | |
| Mixed | Platz | Mannschaft | Mixed | Männer | Platz | Mannschaft | Männer |
| | 1 | PSV Datzeberg 2 | | | 1 | Endurance Team | |
| | 2 | SV Post Telekom 1 | | | 2 | SV Post Telekom 1 | |
| | 3 | PSV Datzeberg 1 | | | 3 | SFV Ihlenfeld | |
| | 4 | TSV 1814 Friedland | | | 4 | PSV Datzeberg | |
| | 5 | HSV Studenten | | | 5 | SV Nordbräu 78 | |

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| Mixed | 6 | SCN Oldies | Mixed | Männer | 6 | SV Post Telekom 2 | Männer | | | | |
| | 7 | Talentlose (SSV Päd.) | | | 7 | VSG 90 | | | | | |
| | 8 | PSV Tollense Volleys | | | 8 | PSV Tollense Volleys | | | | | |
| | 9 | SV Schwarz Grün | | | 9 | PSV 90 | | | | | |
| | 10 | SV Post Telekom 2 | | | | | | | | | |
| | 11 | SFV Ihlenfeld | | | | | | | | | |
| | 12 | Turban | | | | | | | | | |
| | 13 | SSV Pädagogik | | | | | | | | | |
| | Saison 2007 / 2008 | | | | | | | | | | |
| | Mixed | Platz | | | Mannschaft | Mixed | | Männer | Platz | Mannschaft | Männer |
| | | 1 | | | TSV 1814 Friedland | | | | 1 | SV Post Telekom 1 | |
| | | 2 | | | HSV Studenten | | | | 2 | PSV Datzeberg | |
| | | 3 | | | PSV Datzeberg 2 | | | | 3 | Endurance Team | |
| 4 | | PSV Datzeberg 1 | 4 | SFV Ihlenfeld | | | | | | | |
| 5 | | SV Post Telekom 1 | 5 | SV Nordbräu 78 | | | | | | | |
| 6 | | SCN Oldies | 6 | PSV Tollense Volleys | | | | | | | |
| 7 | | Talentlose (SSV Päd.) | 7 | Turban | | | | | | | |
| 8 | | PSV Tollense Volleys | 8 | PSV 90 | | | | | | | |
| 9 | | SV Schwarz Grün | 9 | VSG 90 | | | | | | | |
| 10 | | SFV Ihlenfeld | 10 | SV Post Telekom 2 | | | | | | | |
| 11 | | SSV Pädagogik | | | | | | | | | |
| 12 | | SV Post Telekom 2 | | | | | | | | | |
| 13 | | Youngster Friedland | | | | | | | | | |
| 14 | Turban | | | | | | | | | | |
| Saison 2006 / 2007 | | | | | | | | | | | |
| Mixed | Platz | Mannschaft | Mixed | Männer | Platz | Mannschaft | Männer | | | | |
| | 1 | PSV Datzeberg 1 | | | 1 | SV Post Telekom 1 | | | | | |
| | 2 | TSV 1814 Friedland | | | 2 | SFV Ihlenfeld | | | | | |
| | 3 | SV Post Telekom 1 | | | 3 | Endurance Team | | | | | |
| | 4 | PSV Datzeberg 2 | | | 4 | PSV Datzeberg | | | | | |
| | 5 | Talentlose (SSV Päd.) | | | 5 | TSV 1814 Friedland | | | | | |
| | 6 | HSV Studenten | | | 6 | SV Nordbräu 78 | | | | | |
| | 7 | SFV Ihlenfeld | | | 7 | VSG 90 | | | | | |
| | 8 | Turban | | | 8 | Turban | | | | | |
| | 9 | SCN Oldies | | | 9 | SV Post Telekom 2 | | | | | |
| | 10 | SV Schwarz Grün | | | 10 | PSV 1 | | | | | |
| | 11 | Youngster Friedland | | | | | | | | | |
| | 12 | SV Post Telekom 3 | | | | | | | | | |
| | 13 | SV Post Telekom 2 | | | | | | | | | |
| | 14 | SSV Pädagogik | | | | | | | | | |
| 15 | PSV San Giovanni | | | | | | | | | | |
| Saison 2005 / 2006 | | | | | | | | | | | |
| Mixed | Platz | Mannschaft | Mixed | Männer | Platz | Mannschaft | Männer | | | | |
| | 1 | TSV 1814 Friedland | | | 1 | SFV Ihlenfeld | | | | | |
| | 2 | SV Post Telekom 1 | | | 2 | SV Post Telekom 1 | | | | | |
| | 3 | SV Schwarz Grün | | | 3 | SV Nordbräu 78 | | | | | |
| | 4 | PSV Datzeberg 1 | | | 4 | Endurance Team | | | | | |
| | 5 | PSV Datzeberg 2 | | | 5 | SV Post Telekom 2 | | | | | |
| | 6 | Talentlose (SSV Päd.) | | | 6 | Turban | | | | | |
| | 7 | SSV Pädagogik | | | 7 | VSG 90 | | | | | |
| | 8 | Turban | | | 8 | PSV 90 | | | | | |
| | 9 | SFV Ihlenfeld | | | | | | | | | |
| | 10 | PSV San Giovanni | | | | | | | | | |
| | 11 | Youngster Friedland | | | | | | | | | |
| | 12 | Post 2000 | | | | | | | | | |
| | 13 | SCN Oldies | | | | | | | | | |
| | 14 | SV Post Telekom 2 | | | | | | | | | |
| 15 | SV Post Telekom 3 | | | | | | | | | | |
| Saison 2004 / 2005 | | | | | | | | | | | |
| Platz | Mannschaft | Platz | Mannschaft | | | | | | | | |

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| Mixed | 1 | SV Post Telekom 1 | Mixed | Männer | 1 | FS Wesenberg | Männer |
| | 2 | SCN Youngster | | | 2 | Endurance Team | |
| | 3 | TSV 1814 Friedland | | | 3 | HSV | |
| | 4 | SFV Ihlenfeld | | | 4 | SV Post Telekom 1 | |
| | 5 | Turban | | | 5 | TSV 1814 Friedland | |
| | 6 | PSV Datzeberg 1 | | | 6 | SV Nordbräu 78 | |
| | 7 | PSV Datzeberg 2 | | | 7 | VLV Altentreptow | |
| | 8 | SSV Pädagogik | | | 8 | SFV Ihlenfeld | |
| | 9 | Turban 2 | | | 9 | VSG 90 | |
| | 10 | PSV San Giovanni | | | 10 | SV Post Telekom 2 | |
| | 11 | SV Schwarz Grün | | | | | |
| | 12 | Post 2000 | | | | | |
| | 13 | SV Brunn/Neverin | | | | | |
| | 14 | SCN Oldies | | | | | |
| | 15 | SV Post Telekom 3 | | | | | |
| Saison 2003 / 2004 | | | | | | | |
| Mixed | Platz | Mannschaft | Mixed | Männer | Platz | Mannschaft | Männer |
| | 1 | PSV Datzeberg 1 | | | 1 | FS Wesenberg | |
| | 2 | SV Post Telekom 1 | | | 2 | VLV Altentreptow | |
| | 3 | TSV 1814 Friedland | | | 3 | Endurance Team | |
| | 4 | PSV San Giovanni | | | 4 | SV Post Telekom 1 | |
| | 5 | SFV Ihlenfeld | | | 5 | HSV 2 | |
| | 6 | SCN Youngster | | | 6 | SFV Ihlenfeld | |
| | 7 | Turban | | | 7 | PSV Datzeberg | |
| | 8 | SSV Pädagogik | | | 8 | TSV 1814 Friedland | |
| | 9 | PSV Datzeberg 2 | | | 9 | PSV San Giovanni | |
| | 10 | SV Schwarz Grün | | | 10 | HSV 1 | |
| | 11 | SV Brunn/Neverin | | | 11 | Turbine Neubrandenburg | |
| | 12 | Post 2000 | | | 12 | VSG 90 | |
| | 13 | SV Post Telekom 3 | | | 13 | SV Post Telekom 2 | |
| | 14 | SCN Oldies | | | 14 | PSV 90 | |
| | 15 | Turban 2 | | | | | |
| 16 | SV Post Telekom 2 | | | | | | |
| Saison 2002 / 2003 | | | | | | | |
| Mixed | Platz | Mannschaft | Mixed | Männer | Platz | Mannschaft | Männer |
| | 1 | TSV 1814 Friedland | | | 1 | SV Post Telekom 1 | |
| | 2 | SV Post Telekom 1 | | | 2 | VLV Altentreptow | |
| | 3 | PSV Datzeberg 1 | | | 3 | HSV 2 | |
| | 4 | SFV Ihlenfeld | | | 4 | HSV 1 | |
| | 5 | SV Schwarz Grün | | | 5 | SFV Ihlenfeld | |
| | 6 | PSV Datzeberg 2 | | | 6 | Endurance Team | |
| | 7 | Turban | | | 7 | FS Wesenberg | |
| | 8 | HSV | | | 8 | TSV 1814 Friedland | |
| | 9 | PSV San Giovanni | | | 9 | Turbine Neubrandenburg | |
| | 10 | SCN Youngster | | | 10 | PSV Datzeberg | |
| | 11 | Post 2000 | | | 11 | VSG 90 | |
| | 12 | SSV Pädagogik | | | 12 | SV Post Telekom 2 | |
| | 13 | SV Salow | | | 13 | PSV San Giovanni | |
| 14 | SCN Oldies | | | | | | |
| Saison 2001 / 2002 | | | | | | | |
| Mixed | Platz | Mannschaft | Mixed | Männer | Platz | Mannschaft | Männer |
| | 1 | PSV Datzeberg 1 | | | 1 | SV Post Telekom 1 | |
| | 2 | SV Post Telekom 1 | | | 2 | SFV Ihlenfeld | |
| | 3 | SV Schwarz Grün | | | 3 | VLV Altentreptow | |
| | 4 | TSV 1814 Friedland | | | 4 | TSV 1814 Friedland | |
| | 5 | SSV Pädagogik | | | 5 | PSV Datzeberg | |
| | 6 | PSV Datzeberg 2 | | | 6 | HSV 2 | |
| | 7 | SFV Ihlenfeld | | | 7 | HSV 1 | |
| | 8 | PSV San Giovanni | | | 8 | Turbine Neubrandenburg | |
| 9 | PSV Nagema | 9 | PSV Nagema | | | | |

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| Mixed | 10 | SCN Oldies | Mixed | Männer | 10 | SSV Pädagogik | Männer | | | | |
| | 11 | SV Salow | | | 11 | PSV San Giovanni | | | | | |
| | 12 | SV Post Telekom 2 | | | 12 | VSG 90 | | | | | |
| | 13 | Post 2000 | | | 13 | TSV 1814 Friedland 2 | | | | | |
| | 14 | SCN Youngster | | | 14 | SV Post Telekom 2 | | | | | |
| | 15 | Turban | | | 15 | WSG Ost | | | | | |
| | Saison 2000 / 2001 | | | | | | | | | | |
| | | Platz | | | Mannschaft | | | | Platz | Mannschaft | |
| | | 1 | | | SSV Pädagogik | | | | 1 | VLV Altentreptow | |
| | | 2 | | | TSV 1814 Friedland | | | | 2 | TSV 1814 Friedland | |
| | | 3 | | | PSV Datzeberg 1 | | | | 3 | Turbine Neubrandenburg | |
| | | 4 | | | SV Post Telekom 1 | | | | 4 | SV Post Telekom 1 | |
| | | 5 | | | PSV Datzeberg 2 | | | | 5 | PSV Datzeberg | |
| | | 6 | | | SV Schwarz Grün | | | | 6 | SFV Ihlenfeld | |
| | | 7 | | | PSV Nagema | | | | 7 | PSV Nagema | |
| | 8 | Post 2000 | | | 8 | SSV Pädagogik | | | | | |
| | 9 | SV Post Telekom 2 | | | 9 | SV Post Telekom 2 | | | | | |
| | 10 | SFV Ihlenfeld | | | 10 | VG Fliegerhorst | | | | | |
| | 11 | VSG 90 | | | 11 | PSV 90 | | | | | |
| | 12 | SCN Oldies | | | 12 | TSV 1814 Friedland 2 | | | | | |
| Saison 1999 / 2000 | | | | | | | | | | | |
| Mixed | | Platz | Mannschaft | Mixed | Männer | | Platz | Mannschaft | Männer | | |
| | | 1 | SV Post Telekom 1 | | | | 1 | SV Post Telekom 1 | | | |
| | | 2 | SSV Pädagogik | | | | 2 | TSV 1814 Friedland | | | |
| | | 3 | TSV 1814 Friedland | | | | 3 | SCN 2 | | | |
| | | 4 | PSV Datzeberg 1 | | | | 4 | VLV Altentreptow | | | |
| | | 5 | PSV Datzeberg 2 | | | | 5 | SFV Ihlenfeld | | | |
| | | 6 | PSV Nagema | | | | 6 | Turbine Neubrandenburg | | | |
| | | 7 | SFV Ihlenfeld | | | | 7 | PSV Datzeberg | | | |
| | | 8 | SCN Oldies | | | | 8 | SV Post Telekom 2 | | | |
| | | 9 | SV Schwarz Grün | | | | 9 | VG Fliegerhorst | | | |
| | | 10 | VSG 90 | | | | 10 | VSG 90 | | | |
| | | 11 | SV Post Telekom 2 | | | | 11 | PSV 90 | | | |
| | 12 | SV Post Telekom 3 | | 12 | SV Pädagogik | | | | | | |
| Mixed | | Männer | | | | | | | | | |